Welcome!

National Core Indicators: Adult Consumer Survey

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What is NCI?

• NCI is a voluntary effort by public developmental disabilities agencies to measure and track their own performance
  • 46 participating states

• Collaborative Partnership between:

[Logos for NASDDDS, HSRI, DHSS, and University of Delaware Center for Disabilities Studies]
NCI addresses key areas of concern...

- Employment and day activities
- Rights
- Home life and community inclusion
- Service Planning
- Choice
- Health and safety
• Influence national and state policy
• Improve practice at the state level
  • Add knowledge to the field
• Inform strategic planning and priority setting
2015-2016 NCI Adult Consumer Survey

- Standardized, face-to-face discussion with the adult receiving services
  - No pre-screening procedures (random sample)

- Background Information collected from case managers

- Subjective and objective questions asked in person
  - 2015-16 Data released in March
Demographics
Level of Intellectual Disability

- Mild: 44%
- Moderate: 28%
- Severe: 14%
- Profound: 10%
- Unspecified: 4%
Preferred means of communication

- **Spoken**: 77%
- **Gestures**: 15%
- **Sign Language**: 5%
- **Other**:
Employment
Has job in the community

16%  Delaware
19%  NCI Average

UNEMPLOYED
Wants a job in the community

- 73% in Delaware
- 47% NCI Average
Expanded Friendships

- 68% have friends who are not staff or family
- 77% have friends who are staff or family
- 23% all friends are staff or family
- 14% does not have friends

Comparing to Delaware and NCI average:
- 9% Delaware
- 9% NCI average
Can see friends whenever s/he wants

- Delaware: 72%
- NCI Average: 80%

Reasons can’t see friends

- Lack of transportation: 20%
- Lack of support staff: 12%
- Rules or restrictions: 27%
- Financial: 2%
- Scheduling difficulties: 31%
- Other: 8%
80% Have ways to communicate with friends when they cannot see them
Dating

Delaware
- Yes: 57%
- Yes, with restrictions: 34%
- No: 9%

NCI Average
- Yes: 70%
- Yes, with restrictions: 17%
- No: 13%
Loneliness

Delaware
- Yes, often: 19%
- Sometimes: 32%
- No, not often: 49%

NCI Average
- Yes, often: 12%
- Sometimes: 33%
- No, not often: 55%
Essential Living Plan Meetings

- 96% participated in last meeting
  - NCI Average: 99%

- 79% included the people s/he wanted there
  - NCI Average: 92%
83% say they like where they live

* 43% say they want to live somewhere else
Health and Wellness

**Exercise**

- **At least 3 times per week**: Delaware 39%, NCI Average 44%
- **1-2 times per week**: Delaware 29%, NCI Average 32%
- **No**: Delaware 33%, NCI Average 23%

**Quotes**

- After exercising I always eat a pizza… just kidding.
- I don't exercise.
Safety

Has someone to go to for help if they ever feel afraid or scared

- Delaware: 92%
- NCI Average: 94%
Community Inclusion

Has gone out for errands at least once in the past month

- Delaware: 94%
- NCI Average: 88%
• Over the next year we will:
  • Spread awareness of NCI
    • Distribute infographic fliers
    • Have a presence at conferences and fairs
    • Present data to case managers
  • Determine which specific areas of service provision the community would like to see improved
    • Host focus groups
    • Ask community members about their top priorities for improved services

Report back to DDDS leadership