

**DelawareHealth**  
**The News Journal**

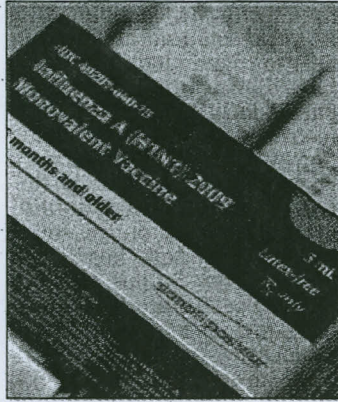
**October 27, 2009**

**H1N1 forum for people with disabilities**

Healthy Delawareans With Disabilities is sponsoring an information forum about H1N1 flu for people with disabilities.

The free event will take place 3 to 5 p.m. Nov. 3 at the University of Delaware's Center for Disabilities Studies, 461 Wyoming Road, Newark.

A health educator from the Division of Public Health will present general information about H1N1, and Ilka Riddle of Healthy Delawareans With Disabilities will discuss how to prepare for the flu season.



Registration is required. Contact Mary Thomas at 831-2940 or [maryt@udel.edu](mailto:maryt@udel.edu) by Wednesday.

Nov. 3 also marks the beginning of a workshop series that focuses on medical transition issues for youth, young adults and their family members. The workshops will all be held 6 to 8 p.m. at the Center for Disabilities Studies. They include:

**Nov. 3:** Learn about the transition process from pediatric to adult health care providers, including a timeline of actions and information for families.

**Nov. 10:** Get information on changes in insurance and status that occur when young adults become adults.

**Nov. 17:** Learn what it means to be healthy and why it's important for young adults to take care of their health.

The cost for the entire series is \$9 per person. Light dinner and dessert will be provided.

Registration is required. Contact Terri Hancharick at 831-8374 or [terrih@udel.edu](mailto:terrih@udel.edu) by Wednesday. Online registration is available at [www.gohdwd.org/transition.html](http://www.gohdwd.org/transition.html).