## Center for Disabilities Studies 2005-2006 Annual Report

College of Human Services, Education & Public Policy University of Delaware





## New Directions Early Head Start



#### NDEHS 2005-2006 Partner Agencies

- College of Human Services, Education & Public Policy, UD
- Early Learning Center, UD
- Center for Disabilities Studies, UD
- Delaware Early Childhood Center
- Hilltop Lutheran Neighborhood Center
- Barbara's Family Day Care
- Ms. Blondine's Sanctuary
- Neighborhood House, Inc.

Funded by the U.S. Department of Health and Human Services, New Directions Early Head Start (NDEHS) is a community resource for pregnant women, infants, toddlers to age three, and their families. During fiscal year 2006, NDEHS served 203 children – including 24 with disabilities – and 22 pregnant women through its home-based services and partner agencies. An experienced staff creates individualized approaches to education and support, which help address the unique needs of each child. In fiscal year 2006, two staff members received associate degrees in early childhood education, and three earned their Child Development Associate credentials.

NDEHS also helps families identify and reach personal goals to empower parents to guide the healthy development of their children and make positive life changes. In fiscal year 2006, 98% of program families participated in personal goal-setting projects, such as increasing their education, owning a house, or working with a NDEHS child specialist.

By shaping a collaborative service delivery system, diverse partnerships with child-care agencies in New Castle and Kent counties set NDEHS apart. This not only increases the impact of NDEHS but also builds the capacity for quality infant and toddler care throughout the state.

### For more information

Heidi Beck • (302) 831-0478 • hlbeck@udel.edu

### January 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
-	New Year's Day	2	3	4	5	6	
7	8	9	10	11	12	13	
14	Martin Luther King, Jr. Day 15	16	17	18	19	Muharram (Islamic New Year) 20	
21	22	23	24	LIFE Conference Dover, Delaware www.lifeconference- de.org	26	27	
28	29	30	31	"My son, Brandon, was diagnosed with a mental delay. But New Directions Early Head Start has helped me a lot in getting the services and supports I need for him." - Gloria Brown, mother			

## Early Learning Center

Having completed its second year of operation, The Early Learning Center (ELC) at the University of Delaware is a thriving, interactive organization that continues to surpass expectations. Its three-pronged mission to integrate service, education, and research promotes an interactive learning environment that benefits children, families, university students, and the community. Accordingly, the ELC logged an astounding 6,000 visitors during fiscal year 2006.

With the capacity to hold 227 children, the ELC served a wide range of children from the community over fiscal year 2006, including those living in foster care or poverty. Over 17% of the children served have a disability. The low staff-to-child ratio increases individual attention to each child, which helps the ELC effectively serve children at all developmental levels.

The ELC maintains ties with 18 departments at the University of Delaware, including psychology, physical therapy, music, and hotel, restaurant, and institutional management. Students examine classroom activities from state-of-the-art observation decks, engage in coursework, or participate in daily activities throughout the center. The ELC is also a research hub that offers numerous opportunities for university departments and centers to conduct translational research.

For more information Karen L Rucker • (302) 831-6205 • krucker@udel.edu



## February 2007

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			Valentine's Day			
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Chinese New Year	Presidents' Day		Ash Wednesday			
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25	26	27	28			

## Early Childhood Initiatives



By providing technical assistance, training, and evaluation services, the Early Childhood (EC) Group seeks to improve the quality of programs that support children from birth to early elementary school. The group helps these programs to prevent developmental delays or identify them earlier, include children with developmental delays and disabilities, and assess the outcomes of children. The EC Group's services reached nearly 600 early childhood educators throughout fiscal year 2006.

Since many federal- and state-funded programs are mandated to document their outcomes, the EC Group works with early childhood programs to assess and articulate results. This helps programs gain a clearer understanding of their strengths and weaknesses. Programs can then convey this information to families or use it to make positive organizational changes.

For instance, during fiscal year 2006, the group conducted a family survey for the state of Delaware's Birth-to-Three Early Intervention System. This survey gathered families' perceptions about the services they receive through the system and addressed the requirements put forth by new federal measures.

The EC Group also worked with the Delaware Department of Education to evaluate the pilot full-day kindergarten program. For the second year in a row, the group helped compare the outcomes of full-day and part-day kindergarten models and evaluate the benefits of each.

For more information Debbie Amsden • (302) 831-3633 • irmc@udel.edu

### March 2007

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Daylight Savings Begins						St. Patrick's Day
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			First Day of Spring			
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						al-Mawlid al-Nabawi
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## Delaware Early Care & Education Workforce Study

A main focus of the Early Childhood (EC) Group's activities is to evaluate components of the early childhood profession and provide training, technical assistance, and support to its employees. In fiscal year 2006, the Department of Education and the Office of Child Care Licensing funded a new project titled the Delaware Early Care and Education Workforce Study.

The project's aim is to identify the wages, worker benefits, and experiences of employees in the early care and education professions in Delaware. The rationale behind the workforce study is to determine areas where policy could be used to increase employees' economic well-being.

The study surveyed 431 early child-care programs in the state, which employ 6,006 people and serve 38,554 children. This vast sample allowed the EC Group to collect detailed data about the employment, benefits, wages, educational level, etc. of the early childhood workforce.

Major findings thus far include the following: the average employee educational level is a high-school degree; the average wage is \$9.44 per hour; and the average length of employment in the profession is 10.6 years.

**For more information** Debbie Amsden • (302) 831-3633 • irmc@udel.edu



## April 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Passover Begins			Good Friday	
1	2	3	4	5	6	7
Easter						
8	9	10	11	12	13	14
15	16	17	18	19	20	21
Earth Day						
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29	30					

## School-Aged Initiatives





The goal of the School-Aged (SA) Group is to create a positive educational climate that promotes the social and academic success of all children. One of the SA Group's most extensive projects is the Delaware Positive Behavior Support (PBS) Initiative, which provides a comprehensive approach for schools to implement a universal system of behavior support.

During fiscal year 2006, the project worked with 107 (approximately 50%) of the schools in Delaware. One school involved with the PBS Initiative – David W. Harlan Elementary School in Wilmington – received the Delaware Superstars in Education Award for its use of "targeted" positive behavior support interventions to assist struggling students. In 2006, only seven schools in the state were recognized with this award for best practices in education.

Another important project is the Inclusive Schools Initiative, which supports systematic changes that allow children with disabilities to access general education settings and content in the schools. To help ensure that effective models of support exist for children outside the classroom, a project titled the 21st Century Learning Community Grant aims to create positive after-school opportunities in underserved communities.

All these initiatives work together to create a proactive system of support in school and community settings. They further provide strategies for developing individualized interventions to foster inclusive environments that support children with and without disabilities.

**For more information** Debby Boyer • (302) 831-3503 • dboyer@udel.edu

## May 2007

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				Direct Support Professionals Conference Dover, Delaware www.udel.edu/cds		_
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Mother's Day						
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	Memorial Day				A.P	
27	28	29	30	31	T	

## Transition Partnership Project

Designed for 18- to 21-year-olds with significant intellectual disabilities, the Transition Partnership Project (TPP) helps bridge the gap between life as a student and life as an adult. TPP prepares these young adults for independence and new roles, such as work or ongoing education. For over 10 years, the University of Delaware (UD) has partnered with the Red Clay School District to deliver the program. At the end of fiscal year 2006, 24 young adult participants were enrolled.

The program rents an apartment in a local complex near UD as "home base" for the day's activities. Each morning, the students arrive at the apartment via paratransit and connect with their teachers and paraprofessionals to engage in daily skills training. "We learn how to vacuum and clean the windows, and we cook for each other," says Amye Klaft.

On campus, participants hold jobs and gain work experience. Josh Watts, who works at a small market in a UD dorm, states, "I like working, and I've learned job skills." Participants also take part in social activities in their apartments and around campus. Christy Seob enjoys going to a local pizzeria while Greg Cloud likes to hang out at UD and go to the football games.

For more information Jackie Gallagher • (302) 831-3062 • 11970@udel.edu



### June 2007

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Father's Day				First Day of Summer		
				our men		
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24	25	26	27	28	29	30

## **Adult Services Initiatives**



The goal of the Adult Services (AS) Group is to create model adult services, conduct research in areas relevant to adult services, and provide training to enhance the quality of adult services. One of the primary aims of the AS Group is to help adults with disabilities thrive in their personal lives and in their communities.

During fiscal year 2006, 240 participants enrolled in a variety of programs. These programs included Community Connectors, which helps adults become more active in their communities, and the Leadership, Employment, Advocacy Development (LEAD) Project, which helps young adults with disabilities acquire or strengthen leadership and advocacy skills. In February 2006, the LEAD Project partnered with KenCrest to create a new resource Web site, called TransitionMap, to help teenagers and adults with disabilities successfully move out of the school environment. (For more information, visit www.transitionmapde.org.)

The AS Group also works with those who assist adults with disabilities, such as direct support professionals. In recognition of the critical role these individuals play in the lives of people with disabilities, the group held Delaware's First Conference for Direct Support Professionals on May 4, 2006. The conference attracted more than 300 people representing over 75 agencies, organizations, and schools throughout Delaware.

For more information Bev Stapleford • (302) 831-4688 • bstape@udel.edu

## July 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Independence Day			
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29	30	31	to interact w - An attende	vith other dire	mative, and it ct support pro Direct Support	fessionals." 💼

## The REAL Project

Poised to enter its third year, the REAL (Recreation, Enhancement, and Learning) Program is quickly becoming a hallmark of the Adult Services Group. Founded on the basis of respect, autonomy, and self-determination, REAL goes beyond the pre-kindergarten-to-12th-grade education system and provides opportunities for adults with disabilities in Delaware to explore continuing education. Classes serve as a resource for real-life information and a social setting for students to meet and interact.

During fiscal year 2006, the REAL Program held four sessions and had 210 enrolled students. Each session consisted of five courses designed to guide an exploration of different areas of the student's life. These courses covered independent living, health and safety, employment opportunities, leadership and advocacy, and the fine arts.

Some REAL students went on job interviews with completed resumes, and some got jobs. Others attended a public education forum to hone their advocacy skills and bring attention to the issues faced by adults with disabilities. Students also learned valuable basic knowledge such as why wearing sun block on cloudy days is important or how to identify a poison ivy plant. One participant in the fine arts track, Aaron Deede, also went on to teach an art class in the technique of making beads out of polymer clay for the REAL Program.

For more information Cory Nourie • (302) 831-1705 • nourie@udel.edu



## August 2007

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## University Education





The College of Human Services, Education, and Public Policy at the University of Delaware offers an undergraduate minor in disabilities studies that provides students with an opportunity to learn about the policies, laws, and services that affect people with disabilities.

At the end of the 2006 spring semester, 72 students were enrolled in the minor. This number continues to increase over the years. The minor consists of an interdisciplinary approach that attracts students from a variety of majors including biology, engineering, and psychology.

Eighteen credits of coursework include a Capstone Senior Seminar that engages students in hands-on experience through work with local advocacy agencies and people with disabilities. Projects from the past program year include assisting with the National Association for Down Syndrome benefit walk and helping recent high-school graduates with disabilities to find assistive technology.

In the fall of 2005, Jamie Wolfe, Chair of the Delaware Developmental Disabilities Council and a disability specialist at the Center for Disabilities Studies, joined the minor as a co-instructor. The students benefit tremendously from Ms. Wolfe's extensive professional experience in the policy and advocacy fields and from her personal perspective on living with a disability.

**For more information** Laura Eisenman • (302) 831-0532 • eisenman@udel.edu

### September 2007

Sunday	Monday	Tuesday	Wednesday	∎ Thursday	Friday	Saturday		
"The disabilities minor appealed to me because it seemed to fill in the gaps that my major did not offer me. It appeared to explore disabilities on a deeper level." - University of Delaware student								
	Labor Day							
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				Ramadan Begins				
				Rosh Hashannah				
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						Yom Kippur		
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First Day of Autumn 23								
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## **Community Education**

The training activities at the Center for Disabilities Studies (CDS) – often referred to as Community Education – serve those who work in the developmental disability field. During fiscal year 2006, community education activities included five distinct certificate programs with a total of 269 participants. Each certificate program is internally developed at CDS to address a variety of community needs.

THE ME STED MILL

The programs offer practical instruction and skills development to direct support professionals, physicians, educators, and other employees in the field. Courses include "Best Practices in the Field," "Support Coordination," "Supported Employment," and "Positive Behavior Supports." In addition, "First-Line Supervisor Training" educates first-line and middle managers in vocational, day, and residential settings on how to create positive work environments that enhance organizational productivity.

Training sessions are designed to reverse stereotypes and common misconceptions by ensuring that people with disabilities are viewed as active, valued, and important members of society. "New Visions" is a cornerstone course that introduces general information about disabilities, a history of events in the disability community, and the importance of peoplefirst language.

S ORIGINAL

**For more information** Bev Stapleford • (302) 831-4688 • bstape@udel.edu



### October 2007

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# **Dissemination & Advocacy**



### **Dissemination Highlights**

- Presentations at conferences including the LIFE Conference, the Inclusion Conference, the TASH Conference, and other state and national conferences.
- Outreach to community and neighborhood groups.
- delAware: One issue of delAware was published in 2005-2006 which focused on leadership in the disabilities field.
- www.udel.edu/cds: A comprehensive Web site is updated regularly to include news, events, reports, and publications of interest to the public.

The mission of the Center for Disabilities Studies (CDS) is to enhance the lives of individuals and families through education, prevention, service, and research related to disabilities. Through its information distribution and advocacy efforts, CDS increases awareness about the supports and services needed to help people with disabilities fully participate in the life of the community.

Information sharing is bidirectional, and individuals with disabilities bring invaluable advice, knowledge, and experience to CDS. These individuals have a fundamental role in CDS' programs, projects, and activities. For instance, Tina Fields, an advisory council member and part-time staff member at CDS, and her husband, Tom Fields, attended the Self-Advocates Becoming Empowered Conference in Georgia in May of 2006. "This event allowed people to come together to share opinions and ideas about disabilities and advocacy as well as form new friendships," reported Ms. Fields after returning from the conference.

Furthermore, with support from CDS, Ms. Fields is organizing a support group for young girls with Turner Syndrome and their families. Through her personal experiences with Turner Syndrome, she hopes to serve as a source of advice and encouragement for these children and families.

For more information Tracy Mann • (302) 831-3150 • tlm@udel.edu

### NTER OLYMPIC GAMES

### November 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
it easier for in individuals wi in helping this	oray that eventuandividuals with c ith disabilities to s to happen." - udies' advisory c	lisabilities. And realize that the Tina Fields, Cen	1	2	3	
Daylight Savings Ends						
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Veterans' Day						
11	12	13	14	15	16	17
				Thanksgiving Day		
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25	26	27	28	29	30	KAN O

## **Community Advisory Council**

The Center for Disabilities Studies benefits every year from community partnerships, including our 2005-2006 Community Advisory Council. We value the contributions of all of our partners and supporters.

Marie-Anne Aghazadian Parent Information Center of Delaware

> Becky Allen The Arc of Delaware

Steven Amick Delaware State Senator

> Judy Brimer Parent

Martha Brooks Delaware Department of Education

Aaron Deede Community Member

Russ Dynes Lead Prevention Program, Public Health

Micki Edelsohn Homes For Life Foundation

**Deborah Farris** University of Delaware

Tina Fields Community Member

> Tony Glenn DFRC, Inc.

Ann Grunert Special Olympics Delaware Andrea Guest Division of Vocational

Brian Hartman Disabilities Law Program

Rehabilitation

Linda Heller Division of Services for Aging & Adults with Physical Disabilities

Harry Hill Division for the Visually Impaired

> Peggy Hirsch Parent

Kyle Hodges State Council for Persons with Disabilities

Ray Hunt Independent Resources, Inc.

> Jack Jadach Leach School

Yolanda Jenkins Division of Child Mental Health Services

> Dan Keating Bancroft NeuroHealth

> > Brenda Kramer Parent

Rita Landgraf, Chair Community Member Pat Maichle Developmental Disabilities Council

> Raetta McCall Advocate

Cathy McKelvey Freedom Center for Independent Living

Daniese McMullin-Powell State Council for Persons with Disabilities

> Laurie Nicoli Parent

Elizabeth Nolan Community Member

> Terry Olson Mosaic, Inc.

Alfred Onuonga Delaware Center for Justice

> Ann Phillips Parent

Paul Poplawski Adult, Adolescent & Family Psychologist

Susan Robinson Division of Substance Abuse & Mental Health

Marianne Smith Division of Developmental Disabilities Services

**Robert Valihura** Delaware State Representative

For more information Tracy Mann • (302) 831-3150 • tlm@udel.edu

### December 2007

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			Hanukkah Begins			
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				Eid al-Adha		First Day of Winter
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## 2008 Calendar

### January

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February

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### June

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### September

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### December

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### Center for Disabilities Studies Staff & Students

Michael Gamel-McCormick, Director

Debbie Amsden Tracy Bailey Debbie Bain Heidi Beck Mark Bernstein Keith Boger Debby Boyer Sandi<sup>´</sup>Bradford Tim Brooks Martha Buell Karen Catrow Alison Chandler Teresita Cuevas Carol Denson Nancy Edwards Steve Eidelman Laura Eisenman Diana Farrell Nancy Freedman Jackie Gallagher Carolyn Graves Judy Greene David Hannah Robin Harbaugh Vanessa Harper Amy Harter

Sarah Hearn Ron Kelley Malisa Knox Debbie Koch Esther Lauser Judi MacBride Tracy Mann Janet McGehean Danielle Mekulski Diane Merrill Cory Nourie Michael Partie Gwen Perella Julisa Quixchan Karen Rucker Whitney Rutherford Jim Salt C. Renée Settles-Bean Cynthia Slater **Beverly Stapleford** Susan Sullivan Mary Thomas Karen Townsend Pat Tressell Nancy Weiss Jamie<sup>'</sup>Wolfe

#### **Graduate Students**

Kristin Arterbridge, Erin Bastien, Nikki Beden, Marsha Carter, Helene Delpeche, Becca Dougherty, Lauren Francis, Laura Guralnick, Jill Kamphaus, Katie Macklin, Lauren Messner, Anja Parish, Annemarie Potucek, Dorit Radnai-Griffin, Jonathan Rifkin, Juliet Rogers, Melina McConatha-Rosle, Stephanie Terzian, Jin Wu

#### **Undergraduate Students**

Justin Bernstein, Dina Femia, Sarah Folckemmer, Andrew Hodgkins, Becky Koch, Laura Milazzo, Sarah Mirel, Steve Stolte, Taryn Crowley

### Financials

The Center for Disabilities Studies (CDS) had an operating budget of \$4,864,787 from July 1, 2005 to June 30, 2006. Of this total, \$2,789,909 was obtained through grants from the Office of Head Start and the Administration on Developmental Disabilities of the U.S. Department of Health & Human Services, Administration for Children & Families.

In addition to the operating budget, CDS also received matching support worth over \$1,000,000 from the University of Delaware in the form of graduate research assistantships and tuition waivers and support for a wide range of projects and activities.

#### Sources of Funding

Federal Government	57%
State of Delaware	39%
Foundations	3%
Local funding	<1%
Individual Gifts	<1%



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### **About the Artist**

The artwork used in this calendar was the vision and work of **Aaron Deede**. A Wilmington, Delaware resident, Mr. Deede has been a dedicated artist for many years and is a member of the Center for Disabilities Studies' Community Advisory Council. He completed the cover art during a session with the Art Therapy Express Program, a nonprofit organization in Delaware that partners with people with disabilities to explore and excel in art. Find more information at: www.arttherapyexpress.org.