2011 CALENDAR

Center for Disabilities Studies

2009-2010 ANNUAL REPORT





Welcome to the Center for Disabilities Studies

he year that is reviewed in this report—July 1, 2009 through
June 30, 2010—has been transformative for the Center for
Disabilities Studies. We have been realigning our organizational
structure and activities in the interest of even greater strength,
stability, relevance and potential.

Our **strength** arises from the people who contribute to the Center's vision, aspirations and achievements. They are members of the CDS staff and faculty, personnel at the agencies and organizations that partner with CDS in accomplishing shared goals, involved citizens who serve on the Center's advisory councils and committees, and individuals who tell us what they want and need in order to live more satisfying and self-determined lives.

Our **stability** depends on our success in securing long-term, consistent and adequate funding. Such funding helps us launch and maintain initiatives that provide immediate benefit to people with disabilities and their families, professionals in the disability field, and UD students. It also allows us to undertake some exploratory endeavors that lead us to new knowledge, outcomes and opportunities.

We have devoted considerable thought this year to our **relevance**, and we have concluded that CDS is uniquely positioned to bridge research and practice. As a *translational agent*, we can interpret the latest research-based theories and evidence to benefit policy and practice. Because we are connected with the disability community on so many levels, we're also able to help shape the most pressing needs in the field into "researchable" issues. We attract the resources that enable us—in collaboration with our partners—to devise and test model approaches to learning, employment, health and successful family and community life.

As for our **potential**—that's the real key to the future. I believe that the future depends on our ability to shift from a focus on individual projects, conditions and life domains to a focus on the integration of numerous approaches that support people throughout the course of their lives. We intend to strengthen connections among home, work, school, family and health issues within the Center, as well as across the University, state, nation and globe to bring the best of what we know and can do to benefit people with disabilities and their families.

I urge you to share your dreams, needs, talents and connections with the Center



Center for Disabilities Studies Director Beth Mineo

for Disabilities Studies. Help us chart a course for our collective future that values and enriches all people at all stages of life. I look forward to sharing that journey with you!

Beth Beth Mineo, Ph.D., CCC-SPL

JANUARY S M W New Year's Day 2 3 5 6 4 7 **UD Winter** Commencement 9 10 11 12 13 15 14 16 18 20 21 22 19 LIFE Conference Martin Luther King, Jr. Dav 23/30 24/31 25 26 27 28 29 **DID YOU KNOW?** January 15, 1993 – Partners in Policymaking began in Delaware as a leadership training program designed for DECEMBER 2010 FEBRUARY 2011 young adults with developmental disabilities and M T W Т parents raising young or school-aged children with developmental disabilities. 7 7 8 9 10 11 8 9 10 11 12 The program uses skill-building activities and information 12 13 14 15 16 17 18 13 14 15 16 17 18 19 about local, state and national issues to teach participants to 19 20 21 22 23 24 25 20 21 22 23 24 25 26 be community leaders. 26 27 28 29 30 31 27 28 Artwork by Krysti Bingham

New Funding Enhances and Expands NDEHS Programs

ew Directions Early Head Start (NDEHS) believes that providing families of young children with access to quality care and services will lead to greater success and self-sufficiency for the child and family. This mission has guided NDEHS in its work as part of CDS for more than 12 years. In 2009, New Directions applied for and received an "expansion grant" in order to serve greater numbers of pregnant women, infants, toddlers and their families and to train its staff to provide better services.

With funding from the \$1 million grant (#03SA3325/01) awarded through the American Recovery and Reinvestment Act of 2009,



NDEHS added a classroom for eight infants and toddlers at the Early Learning Center in Wilmington, started home visits to 20 pregnant moms and their children in Claymont and the Route 40 corridor, and began working with 20 Harrington families with young children. To provide the expanded services, New Directions added two teachers, four home visitors and a part-time supervisor.

A young child concentrates on an activity at an Early Head Start Center, while her mother watches. Program Coordinator Peggy Sudler noted that staff members are excited about reaching families in areas of Delaware where services often are limited. Home visitors provide parenting information, set up screening and assessment services, coordinate connections with other families, and are available to listen and offer emotional support. "They provide such important support that they often become like members of the families they are helping," Sudler said.

Early Literacy Grant

Last year, a U.S. Department of Health and Human Services Head Start quality improvement grant (#03SE3325/01) provided funding for a pilot early literacy program. Through training, coaching and mentoring, two Early Head Start centers are now better prepared to improve literacy and language experiences in their classrooms. Thirty-eight infants and toddlers benefited from the training their teachers received. NDEHS plans to secure additional funding to expand the literacy project to all of its early learning centers.

A New Home

The University of Delaware's commitment to young children has prompted the College of Education and Human Development to unite multiple early childhood initiatives within a single administrative structure. The Department of Human Development and Family Studies (HDFS), which offers an undergraduate major in early childhood education and three graduate certificate programs in early childhood, will serve as the new home of NDEHS. This development reunites New Directions with the Delaware Institute for Excellence in Early Childhood, a program that was established by CDS and migrated to HDFS in 2009.

M **Groundhog Day** 6 8 9 10 11 12 15 16 17 18 19 13 Valentine's Day 20 22 23 25 26 24 21 Presidents' Day **DID YOU KNOW?** February 5, 1963 – The Mental Retardation Facilities and 28 27 Community Mental Health Centers Construction Act, which eventually became known as the Developmental Disabilities Act (DD Act), was passed by Congress as part of President John F. Kennedy's JANUARY 2011 **MARCH 2011** New Frontier. It focused M T W T primarily on the establishment of University Affiliated Facilities, which were charged with 9 10 11 12 expanding the number of professionals qualified to 10 11 12 13 14 13 14 15 16 17 18 19 address the needs of persons 17 18 19 20 21 22 with developmental 21 22 23 24 25 26 disabilities. 24 25 26 27 28 29 Artwork by Mani Malik 27 28 29 30 31 30 31

DAPA's Focus on Access to General Education Curriculum Leads to Greater Student Achievement

hrough the vision of CDS' first director, Donald Peters, a partnership between CDS and the Delaware Department of Education (DDOE) resulted in one of the country's first alternate assessments based on alternate achievement standards (AA-AAS) for students with significant cognitive disabilities. Starting in 1997, CDS conducted research, convened an advisory committee, and helped plan the new assessment for these students.

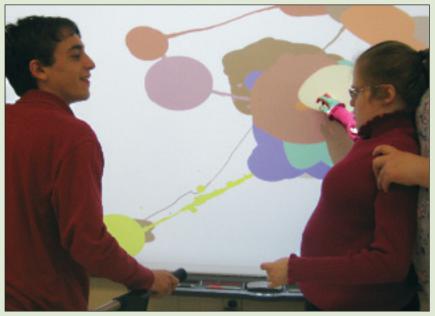
The Delaware Alternate Portfolio Assessment (DAPA) was instituted in the 1999-2000 school year. It consisted of multiple domain areas that focused on such functional life skills as personal care and communication.

In the 2003-2004 school year, CDS modified the DAPA to further focus on access to the general education curriculum: It changed the domain areas to content area assessments in English language arts, mathematics, science and social studies. The revised focus on access to the general education curriculum also prompted instructional changes in teaching students with significant cognitive disabilities.

According to DAPA Project Director Sarah Celestin, "This focus has led to greater student achievement in the academic content areas."

The DAPA project's family liaison, Judi MacBride, noted that in addition to access to academics, the alternate assessment has led to increased opportunities for students to interact with typical peers. "The DAPA has led to a greater instructional focus on self-determination skills and generalization of skills across different settings as well as inclusive opportunities," she explained.

Miki Hartman, special educator in the Caesar Rodney School District and DAPA district consultant, pointed out the many positive outcomes of DAPA, including "a shift in thinking among administrators and teachers that our kids can do more."



Christopher and Lauren, students at John G. Leach School in New Castle, participate in an activity at the Smartboard. Teachers use this interactive device to enable students to engage in activities that give them greater access to the general education curriculum.

After partnering with DDOE on DAPA for 14 years, CDS' role is likely to change, as a new alternate assessment is scheduled to be instituted by the Department of Education in the 2011-2012 school year. It will be performance-focused and aligned to the new Delaware Comprehensive Assessment System, noted Celestin. However, the Center will continue to assist DDOE in furthering access to the general education curriculum, she said, emphasizing, "We are committed to continued collaboration on the future of the alternate assessment as well as professional development for teachers who serve students with significant cognitive disabilities."

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		6	7	8 Mardi Gras	9 Ash Wednesday	10	11	12
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AND DESCRIPTION OF THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TWO IS	March 6-13, 1988 – The "Deaf President Now" campaign took place at Gallaudet University. More than 2,000 participants successfully demonstrated— through protests, marches and	20 First Day of Spring	21	22	23	24	25	26
	a school lock-out—for the appointment of the first deaf president of the university. March 12, 1990 – ADAPT, a	27	28	29	30	31 Transition Conference		
	national grass-roots community, organized a week-		The same of the sa		FEDDUA	DV 2011	A DDU	2011
	long series of demonstrations in Washington, D.C. to urge	A TOTAL	125		S M T	ARY 2011 W T F S		_ 2011 W T F S
A LONG	lawmakers to pass the Americans with Disabilities Act. On March 12, individuals who	The Paris		198		2 3 4 5		1 2
	use wheelchairs staged "Wheels of Justice" by leaving			00		9 10 11 12		6 7 8 9
	their wheelchairs behind and crawling up the steps of the					6 17 18 19		
	Capitol building.		75 10			23 24 25 26		
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Community Connectors Program Develops Leadership Skills

ight young adults took the stage at a national conference to demonstrate the leadership skills that the CDS Community Connectors program develops in its members. Although Pathways for Life Project Leader Debbie Bain was listed as the presenter for the workshop, "The Nuts and Bolts of Community Connecting for Adults with Disabilities," her students were in the spotlight, sharing their experiences as Connectors.

Bain was invited to make the presentation at the 2010 Themes in Neurorehabilitation: Cerebral Palsy Across the Lifespan conference in Baltimore so that others might replicate the Community Connectors program in their states. Bain, the Connectors leader since 2007, decided it would be a more meaningful experience for everyone if some of the members made the presentation, while she supported them in their efforts to develop it.

Several months before the conference, these "ambassadors" began brainstorming about some of the ways to share their information, suggesting a skit showing the coaching dynamic; a PowerPoint including photos of the Connectors in action; or an icebreaking activity like "Simon Says" to engage the audience. Laura Kelly, who has taken theater classes at the University of Delaware, took responsibility for writing the skit, with coaching from Bain. Kelly was pleased to apply her interest in acting to the workshop presentation.

Reflecting on their preparations, Bain noted, "Some of the students have grown so much. The use of a person-centered approach and coaching model has built self-confidence and autonomy in them. This was the perfect opportunity for them to show the skills they have developed."

It is hard to believe that just a year earlier the future of Community Connectors was in question due to the loss of its funding source. But members—and their families—were determined to save the group because there was so much at stake. The opportunities to acquire leadership skills, build self-confidence, engage in social outings, and experience the satisfaction of participating in community service were all too valuable to lose.

These very skills enabled the Connectors to launch a series of fundraising endeavors, including dinner at Friendly's, a car wash, grants from two Knights of Columbus groups and the Newark Rotary, and personal donations from family and friends. These efforts bonded Connectors, parents and UD Greeks, and mobilized the group for another year of personal growth and skills development.



Community Connectors "ambassadors" work together to prepare for their national conference presentation.



Parents Coordinate Their Children's Care with Care Notebooks

an a three-ring binder filled with forms, checklists and resources make a difference in the lives of families that have a child with special health care needs or a disability? It can when it is a care notebook—a record-keeping system that allows families to have all pertinent information about their child and his/her needs in one place.

Delaware Family Voices Family to Family Health Information Center (F2F) at CDS has created just such a book to accompany the child to all appointments, tests, therapies and educational planning sessions. The care notebook facilitates coordination of care because each professional is able to contribute to the book and see the entries made by others involved in the child's care.

Training families on the use of care notebooks is just one example of the ways in which F2F empowers families to advocate on behalf of their children. At the same time, it advances the concept of a "medical home," a model that promotes coordination of care among

members of the health care team and the family. The medical home is concerned with far more than traditional medical care. The focus is a much more holistic one, considering access to and coordination of



A parent shows her son his care notebook, which includes information that facilitates coordination of his care.

primary care, specialty care, educational services, family support and other public and private services that promote the health and well-being of both child and family.

Many physicians do not follow this model, in part because of the additional time it takes to work with the family. Therefore, many families are left without the option of a medical home. Family to Family Director Ann Phillips emphasizes that, whether or not families have a medical home, the parents should establish a record-keeping system that works for them.

Phillips spent 18 months researching care notebooks and creating a book that would be the most useable by families and accepted by physicians. "Families feel empowered when they ask for and expect a medical home," she noted. "This book gets them on their way and takes the burden off remembering everything about their child. It gives peace of mind to everyone, including the child, who will be better able to handle and have access to his/her own care in the future."

Everything that is needed to create a care notebook can be downloaded from the F2F website: www.delawarefamilytofamily.org.

S S M W **DID YOU KNOW?** 3 1 2 7 6 May 4, 1977 – Regulations to implement Section 504 of the Cinco de Mavo Rehabilitation Act of 1973 were issued. May 17, 2004 – In Tennessee v. Lane, the Supreme Court 9 10 11 12 13 14 upheld the rights of individuals Mother's Day to access under the Americans with Disabilities Act. The Court ruled that states have an obligation to make reasonable accommodations to ensure 15 16 17 18 19 20 21 access to courts and courtrooms. **Armed Forces Day** Artwork by Liz Mears 23 25 27 22 24 26 **UD Spring** Commencemen 29 30 31 Memorial Day APRIL 2011 **JUNE 2011** SMTWTFSSMTWTFS 3 4 5 6 7 8 9 5 6 7 8 9 10 11 10 11 12 13 14 15 16 12 13 14 15 16 17 18 17 18 19 20 21 22 23 19 20 21 22 23 24 25 24 25 26 27 28 29 30 26 27 28 29 30

Technology Enriches Both Teaching and Learning Experiences

tape recorder, a digital camera and a computer: With these tools alone, teachers can make learning opportunities more interactive and accessible. In fact, they can take the learning experience to new levels when the power of technology is harnessed. To help prepare the next generation of educators for the opportunities and challenges they will encounter, staff members of CDS' Delaware Assistive Technology Initiative (DATI) serve as instructors at the University of Delaware. They know that increasing accessibility to technology is good for all students, both typical learners and those with disabilities.

In an early childhood course on technology and assistive technology, DATI staff encouraged undergraduate students to add technology to their toolkits to engage children and enrich the learning environment. Each UD student was required to compose a children's story—with text and illustrations—which was brought to life as a "talking book" that can be played on a computer or printed out. The college students experienced first-hand the power of multimedia literacy materials; their books allowed children to access information using pictures, text and spoken words, and enabled them to exercise more control over the experience by directing the pace of content delivery.

"There are times when teachers need to change how something is taught in order to really teach the concept," said AT Specialist Marvin Williams. "By bringing in different methods of presenting material, teachers can see what students connect with most and capitalize on those methods."

DATI staff also served as the instructional team for the Universal Design for Learning (UDL) graduate course at UD's 2009 Summer Institute for Educational and Assistive Technologies. They guided teachers in exploring ways to extend the curriculum beyond

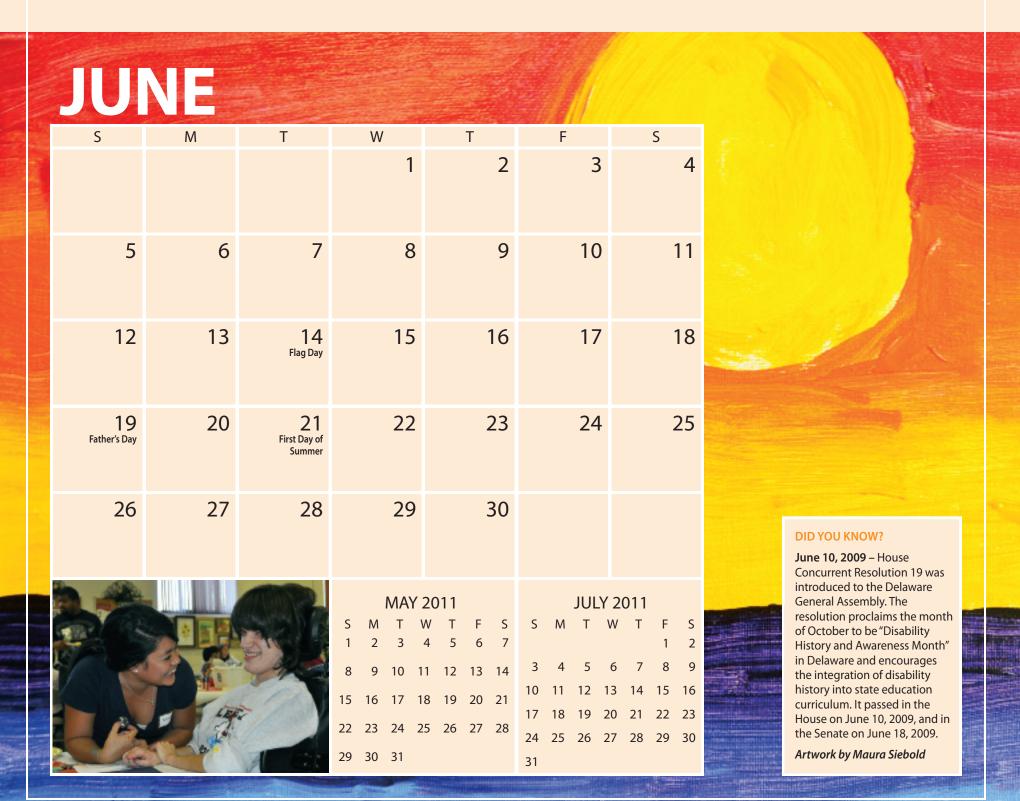


Access to computers in the classroom benefits a wide range of students at The College School, from those who have difficulty writing with a pencil to others who need a visual learning tool to help them develop and organize their ideas.

textbooks and handouts and allow all students to access learning opportunities. This approach facilitates the abilities of all students to engage with the material, develop new knowledge and skills and demonstrate what they know and can do.

"Since technology truly enhances a UDL-designed lesson, particularly as it relates to class materials and engagement, the students also tremendously expanded their use of technology in educationally relevant ways," said AT Specialist Dan Fendler, lead instructor for the course.

Because DATI personnel also give guest lectures on assistive technology at UD and other Delaware colleges and universities every year, hundreds of students have a much greater appreciation for the role that technology can play in both their personal and professional lives.



Disabilities Studies Minor Extends Classroom Boundaries

Around the World Trip

n January 2010, 21 University of Delaware students and three faculty advisors set out on the journey of a lifetime: an around-theworld trip to study how the experience of disability is influenced by culture. They observed first-hand the supports and services available to people with disabilities in other countries and the factors that determine them. They also reflected on U.S. disability culture and services.

The interdisciplinary group, composed largely of students in the disabilities studies minor, traveled to Ghana, United Arab Emirates, Nepal and Thailand. The students met people from a variety of cultural backgrounds, economic means and experiences. They visited people with disabilities and their families, professionals, government agencies and federations, and family-run organizations. The journey



UD students visit with local children in Koforidua, Ghana.

concluded in Hawaii, where students presented final projects on themes of religion, poverty, government, disability awareness and inclusion at that state's Center for Disability Studies.

Reflecting on how the trip extended academic learning into community settings and developed an international perspective on disability issues, one student noted, "It was both interesting and disheartening to hear the struggles the people in these countries face. Although their resources were lacking, the organizations were strong, and I believe that, with time, the people will receive the services they need."

Another student added, "Without the incredible site visits, I would not have been able to understand the services these organizations provide."

Senior Seminar Projects

The capstone course for disabilities studies minor students is the senior seminar. It includes projects that provide students with handson experiences surrounding disability issues, with a special emphasis on understanding the connections between disability policy and the lives of individuals with disabilities and their families. During the 2009-2010 school year, 47 students divided into small groups that each concentrated on an advocacy issue in partnership with a person with a disability.

Another 20 students completed a new project: They assisted with a campus-wide facilities accessibility review conducted by UD's Office of Disabilities Support Services (DSS). The seniors surveyed individuals who were using each building, made observations of the building, and participated in the full walk-through with the facility review committee. Based on the information they gathered, the students made recommendations to DSS that would enable each building to comply with ADA guidelines for program and physical accessibility.



Accessibility: A First Step on the Way to Good Health

eading a healthy life is a challenge for many people. It can be difficult to find time to exercise, prepare well-balanced meals and schedule regular visits to the doctor and dentist. People with disabilities face additional barriers to good health. One identified barrier is the lack of accessibility—to physical activity programs, preventive health screenings, routine health care, adequate health insurance and more.

The mission of the Healthy Delawareans with Disabilities (HDWD) project at CDS is to act as a catalyst for systems change to make health and wellness programs more accessible and inclusive. HDWD has been examining the gap between what is defined as good health and what people with disabilities are experiencing in Delaware. A new report, *Disability and Health in Delaware: Delaware Behavioral Risk Factor Surveillance System (BRFSS), 2006-2008 Selected Data,* released in 2010, is the initial step in documenting the disparities that exist in Delaware.

HDWD Project Coordinator Eileen Sparling noted that the health status gap was evident in a recent survey in which people with disabilities reported more cancer, diabetes and obesity than the general population. "When you try to explain why people with disabilities have more health problems, it is hard to ignore the accessibility issue; and Healthy Delawareans is trying to address this," she said.

As an example, HDWD is creating more inclusive opportunities for physical activity. Partnerships with the National Center on Physical Activity and Disability (NCPAD) and Delaware YMCAs will expand accessible fitness options for people with disabilities and build fitness trainer skills around adaptive exercise. For those who don't want to head to the gym, NCPAD and HDWD will offer a 14-week virtual trainer program in early 2011 to provide guidance and support.



Certified sign language interpreter Betsy Tucker (center) demonstrates her role in making a medical examination more accessible for a person who is deaf. Nursing student and HDWD research assistant Amanda Konopka (right) conducts the exam with the "patient," HDWD graduate assistant Sharon Romelczyk.

People with disabilities also can count on HDWD for information—through the GoHDWD.org website, an electronic newsletter and periodic forums—to help them achieve better health. Last year's forums included a session about the H1N1 virus and how to prepare for the flu season and a presentation about the ways in which health care reform will affect people with disabilities and their families.

Although it will take time to achieve full accessibility and reduce disparities in health care and health status, efforts by HDWD are building a foundation for people with disabilities to pursue healthy lifestyles and secure better health and wellness services.

M W 3 2 4 5 6 Ramadan begins 8 9 10 11 12 13 15 14 16 17 18 19 20 21 22 23 25 27 24 Women's Equality **DID YOU KNOW?** August 12, 1968 - The Architectural Barriers Act was signed into law, requiring all 28 29 30 31 facilities that are designed, Eid ul-Fitr built, leased or modified with (Ramadan ends) federal funds to be fully accessible. August 31, 1995 – The First International Symposium on **JULY 2011** SEPTEMBER 2011 Issues of Women with W T Т W Т Disabilities was held in Beijing, 3 China in conjunction with the 2 Fourth World Conference on Women. The symposium 7 9 8 focused on the need for more 10 12 13 14 12 13 14 15 16 17 leadership, specifically 19 20 21 22 23 programs for women with 19 20 21 22 23 24 disabilities. 26 27 28 29 30 Artwork by Anne Dunlap 25 26 27 28 29 30 31

New Projects + New Partners = Expanded Access to Resources

nvolving people with disabilities in the process of emergency planning is a major focus of the Emergency Preparedness for Individuals with Disabilities (EPID) initiative, one of CDS' newest projects. EPID is one of two CDS Health and Wellness unit projects that began in 2009; the other is the Family Support Initiative (FSI). Both projects involve partnerships that are working to create better systems to develop and share valuable resources for people with disabilities and their families.

EPID originally was funded through a one-year planning grant (#90DN0247) from the Administration on Developmental Disabilities (ADD). During that time, EPID collaborated with local, state and federal emergency preparedness agencies to host three community forums about disaster planning and response. EPID is considered a "Project of National Significance" by the ADD, which funds such projects to promote and increase the independence, productivity, inclusion and integration of persons with developmental disabilities into the community.

ADD recently awarded CDS a three-year implementation grant to enable it to extend its impact on family-centered and inclusive emergency planning and preparedness in Delaware. In addition to creating a greater understanding about preparing for a disaster, EPID will identify and locate emergency planning resources—such as transportation and communication mechanisms—that are available to people with disabilities.

A 2009 study conducted by the Bureau of Maternal and Child Health (MCH) at the Delaware Division of Public Health revealed distressing fragmentation in services for children and youth with special health care needs. As a result, MCH awarded a contract (#10-380) to CDS to establish the Family Support Initiative. This "umbrella" organization



Individuals with and without disabilities who attended an emergency preparedness forum sponsored by CDS discuss the steps involved in planning for a disaster.

will marshal community stakeholders in pursuit of a more coordinated, family-responsive system of services and supports. Nonprofit community organizations that serve children and youth with special health care needs and have an interest in collaborating, networking and pooling services were invited to join this member-driven effort.

Together with CDS, the Parent Information Center of Delaware and the Family to Family Health Information Center at CDS have been instrumental in launching the project's initial efforts at identifying areas of strength and need in Delaware communities. Among the project's goals is the creation of a one-stop resource database for information, referral, support and training that will benefit children with disabilities and their families.

S M 2 3 4 6 9 10 Labor Day 12 13 15 16 17 11 14 **Patriot Day** 18 19 20 22 24 21 First Day of Autumn **Native American** 25 26 27 28 29 30 Rosh Hashanah AUGUST 2011 OCTOBER 2011 W S T W T F 1 6 9 10 11 12 13 11 12 13 14 15 14 15 16 17 18 19 20 16 17 18 19 20 21 22 21 22 23 24 25 26 27 23 24 25 26 27 28 29 28 29 30 31 30 31

DID YOU KNOW?

September is Emergency Preparedness Month

September 25, 1973 – The Rehabilitation Act of 1973 was signed into law by President Richard Nixon.

September 25, 2008 – President George W. Bush signed the ADA Amendments Act of 2008. It revises the 1990 definition of "disability" to more broadly encompass impairments that substantially limit a major life activity. Changes went into effect on January 1, 2009.

Artwork by Kathryn Bonsall

TEEM Employment Services Builds Upon Interests and Abilities

elaware's first-ever Disability Mentoring Day took place in October 2009 as a result of the vision of TEEM Employment Services, part of CDS' Transition, **Education and Employment** Model. The day was devoted to introducing young adults with disabilities to jobs at the University of Delaware and in the greater Newark community. They toured places of business and shadowed workers in positions that were of interest to them, such as assisting at a child care center, attending to the animals and cleaning cages at a pet store, and helping to detail a car at an auto dealership.



A student who participated in the 2009 Disability Mentoring Day tries his hand at scooping ice cream at Cold Stone Creamery in Newark.

employment also wanted additional training and education. Therefore, the staff created a balanced program that provides training internships and opportunities to integrate with peers on the UD campus, while leading the students to meaningful jobs. During the first full year of the program, internships often resulted in offers of employment.

employment based on their skills,

desires and goals. In the program's

early days, CDS staff found that

students who desired gainful

Employment Services and the University of Delaware are

At the same time that the young adults were learning about potential jobs, Newark businesses and UD departments were becoming aware of the employability of people with disabilities.

TEEM was developed at CDS to give students with disabilities the benefit of evidence-based programs as they transition from school to work or post-secondary education. The vision and generous funding from the Howard W. Swank, Alma K. Swank, and Richard Kemper Swank Foundation gave the center the opportunity to develop TEEM, which includes Employment Services, the Community-based Education Alliance (CBEA) and Pathways for Life.

TEEM Employment Services uses a person-centered approach to help people with disabilities develop an individualized plan for

enjoying a close relationship, as demonstrated by several departments seeking out Employment Services students to help with specific projects or to serve as interns. In addition, a number of UD students have volunteered as academic, social and life skills mentors—an experience, observed Project Coordinator Wendy Claiser, that has broadened the students' perspectives on the abilities of people with disabilities.

"Having a hands-on experience with a person with disabilities has been a life-changing experience for some of the students," Claiser noted. "They have altered their post-secondary plans and set their sights on a career that relates to disabilities."



Swank Scholarship Creates Opportunities for UD Student

n January 2010, Rachel McCulley lived the single best experience of her first three years at the University of Delaware. Joined by 20 other UD students and three faculty advisors, Rachel traveled to four different countries in five weeks to study disabilities in a variety of cultures. For Rachel, this trip raised her awareness of the global perspectives on disabilities—knowledge made possible in part by the Swank Human Services Disabilities Scholarship.

Rachel is the first recipient of this scholarship, which was created by the Howard K. Swank, Alma K. Swank, and Richard Kemper Swank Foundation to promote excellence in disability-related services in the state of Delaware. She qualified as a sophomore Delaware resident with a human services major and disabilities studies minor. The scholarship provides financial support for the student's junior and senior years at UD.

Rachel said having the scholarship has been exciting, as it has enabled her to have a wide variety of experiences while still an undergraduate, many of them at CDS. She has been a job coach for Transition Education Model Employment (TEEM) Employment Services and an assistant teacher for the Community-based Education Alternative (CBEA) program. After completing a ten-week internship in disability policy in Washington, D.C. this past summer, Rachel returned to CDS, collecting data for the Child Development Watch survey and helping to plan the 2011 Junior Partners in Policymaking program.

Rachel noted that the Swank Foundation is exceptional for its active and supportive board members, who have remained interested and involved in her path long after the award ceremony.

"Denise Schwartz and Nancy Gale love hearing about what I'm doing," Rachel said. "Having them so interested helps to keep me motivated. It's nice to have that sort of support in my life."



Swank Scholarship recipient Rachel McCulley (center) meets with Swank Foundation board members Nancy Gale (left) and Denise Schwartz.

After graduation in January 2011, Rachel will work in the disabilities field in Delaware for two years, as required by the Swank scholarship. She then plans to return to Washington to attend law school. She is considering American University's Disability Rights Law program and ultimately hopes to blend her interests by working in disability policy.



CDS Regarded as a Valued Partner by State Agencies

s a University Center for Excellence in Developmental Disabilities, CDS works with state and local government agencies and community providers on projects that build the capacity of communities to support all their citizens. Delaware state agencies know that CDS staff members have the knowledge and resources to carry out pilot projects and implement programs—and that every project undertaken at the Center has the potential to influence systemic change.

The Exceptional Children Group of the Department of Education (DDOE) has partnered with the Center around a number of initiatives, including the Delaware Positive Behavior Support project. This decade-long partnership, which develops positive learning environments and prevents problem behaviors, has flourished and continues to grow, according to Martha Toomey, director of DDOE's Exceptional Children Resources.

A new DDOE/CDS collaborative initiative is helping districts statewide meet their federal mandate to provide accessible instructional

materials (AIM) to students with print disabilities. "We have benefited from the expertise brought by the Center's Delaware Assistive Technology Initiative to this project," noted Toomey. "In our small state, we could not be effective in providing technical assistance to schools and districts without partnerships such as those with the Center for Disabilities Studies."



A student at John Downes Elementary School in Newark displays the Positive Behavior Support certificate of achievement he received from Principal Denise Schwartz.

The Division for the Visually Impaired has worked with CDS over the past year to streamline processes and create better ways to serve the customers they have in common, said Robert Doyle III, the division's director. Examples include providing assistive technology and accessible instructional materials and mapping resources for individuals with visual impairments.

The Division of Public Health's Maternal and Child Health Bureau (MCH) selected CDS to establish the Family Support Initiative because of its "expertise and demonstrated success in building collaborative partnerships with stakeholders, project design, research and evaluation, and commitment to systemic improvements for families and children with special health care needs, "according to MCH Chief Leah Jones.

The Division of Developmental Disabilities Services (DDDS) has had a long, productive relationship with CDS,

particularly in the area of training, said the division's director, Roy Lafontaine. He pointed out that the Center is creative and open to new ideas and is supportive of DDDS and Delaware's disabilities community. "We certainly value CDS as a partner in all we do—we'd be at a loss without the University of Delaware's Center for Disabilities Studies," Lafontaine concluded.

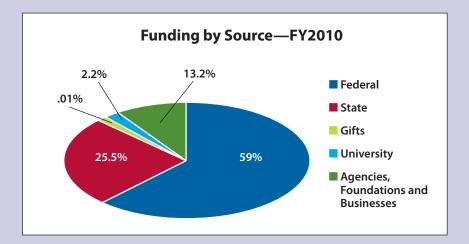


Funding and Financials

he Center for Disabilities Studies had an operating budget of \$6,753,453 from July 1, 2009 to June 30, 2010. The budget included core funding of \$528,000 from the Administration on Developmental Disabilities, \$151,247 in support from the University of Delaware, and \$3,619 in gifts from the community.

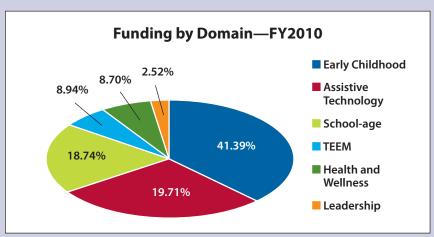
Sources of Funding

The Center's funding base is quite diverse, with support coming from federal, state and private agencies, foundations, businesses and the University of Delaware, as well as gifts from private donors. One of the Center's goals in the past fiscal year was to increase its support from federal sources. Even in these challenging economic times, CDS was successful in increasing federal funding by \$557,074 over FY2009 levels. In FY2009, federal funding made up 49.5% of the CDS portfolio; that proportion increased to 59% in FY2010.



Project-specific Funding by Domain

This chart depicts the proportion of CDS' external funding directed to support each of our primary domains. Only grants and contracts directed to specific projects were included; funds received for core support from the Administration on Developmental Disabilities, funding from the University of Delaware, and individual donations were excluded from the calculation.



Funders – Government, Agency and Foundation

Autism Delaware

Christiana Health Care Systems

Christina School District - Delaware Autism Program

Delaware Breast Cancer Coalition

Delaware Department of Education

Delaware Department of Health and Social Services

- Division of Developmental Disabilities Services
- Division of Management Services
- Division of Public Health
- Division for the Visually Impaired

Delaware Developmental Disabilities Council

Delaware Foundation Reaching Citizens with Intellectual Disabilities (DFRC)

Delaware Department of Labor - Division of Vocational Rehabilitation

Jesse Ball duPont Foundation

Keystone Service Systems

Nemours Health and Prevention Services

New Castle County Vo-Tech School District

Practice Without Pressure

Rutgers, The State University of New Jersey

Howard W. Swank, Alma K. Swank, and Richard Kemper Swank Foundation

W. E. Tobin Foundation

U.S. Department of Education

- National Institute on Disability and Rehabilitation Research
- Office of Special Education Programs
- Rehabilitation Services Administration

U.S. Department of Health and Human Services

- Administration for Children and Families
- Administration on Developmental Disabilities
- Centers for Disease Control and Prevention
- Health Resources and Services Administration
- National Institutes of Health through Children's Hospital of Philadelphia

Donors

Gifts of \$100 or More from Individuals and Organizations

Anonymous

Heidi L. Beck

Brian P. and Patricia E. Kelly

Moonyeen Leonard and Robert D. Klopfenstein

Knights of Columbus Coffee Run Council 6768

Knights of Columbus Holy Angels Council 12104

Newark Morning Rotary Club

Michael G. and Patricia L. Ogden

Donald and Mary Corrine Pearson

The Shafi Family

The Siebold Family

R.U. Spengler

Michael K. and Susan Larsen Sullivan

Gifts of \$100 or More to the Tobin Fund

Richard M. Jr. and Virginia F. Appleby

George N. and Joan M. Capriotti

Stephen L. and Lisa M. Hyde

Marcy A. Kelly

Fritz and Jacque Land

J. David Mengden

Ruth Misialek

Frank J. and Nicole M. Penta

Joseph R. and Patricia A. Rudisill

Allen E. and Shirley R. Smith

Like the donors listed above, you can enhance the lives of people with disabilities in Delaware by making a gift to the Center for Disabilities Studies. All gifts to CDS are tax deductible to the extent provided by law. To learn about the many ways to give, please visit the "Giving" page on the University of Delaware's website, http://www.udel.edu/development.

CDS Staff and Faculty: The Year in Review

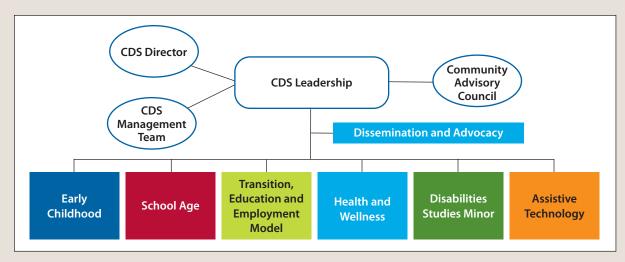
The mission of the Center for Disabilities Studies is to enhance the lives of individuals and families through education, prevention, service and research related to disabilities. We promote independence and productivity so individuals and families can fully participate in the life of their communities in Delaware and beyond.

CDS is honored to be one of 67 University Centers of Excellence in Developmental Disabilities (UCEDDs) in the country, as well as the largest research and public service center in the College of Education

and Human Development at the University of Delaware. All UCEDDs must be affiliated with a university, with the expectation that they advise federal, state and local policymakers on strategies to promote self-determination, independence, productivity and community integration of individuals with disabilities.

At CDS, the staff and faculty carry out the five core functions required for all UCEDDs: conducting interdisciplinary training; performing technical assistance and training; performing direct or demonstration services; performing research or evaluation; and developing and disseminating information. Personnel are affiliated with one or more units within the Center (see chart) and work closely with community partners toward shared goals.

The influence of CDS staff and faculty is felt in many ways on the UD campus, across the state and throughout the county. Examples follow for the year that is reviewed in this report, July 1, 2009 through June 30, 2010.



CDS staff and faculty cultivated student learning by:

- Teaching or co-teaching nine courses benefitting 175 graduate and undergraduate students
- Delivering guest lectures to 303 UD students and 404 students at other institutions of higher education
- Providing assistantships, internships and other experiences for 21 graduate and 30 undergraduate students
- Reaching an enrollment of 296 students in the disabilities studies minor, 50 of whom graduated in spring 2010

CDS staff and faculty shared their expertise by:

- Serving on 52 boards, committees and task forces
- Providing editorial support to 17 journals
- Engaging in proposal reviews for 10 agencies and organizations
- Presenting 21 conference papers
- Publishing 15 journal articles and other publications

For more information about CDS, visit our website at www.udel.edu/cds.

Community Advisory Council

The Center for Disabilities Studies benefits from its partnership with the Community Advisory Council (CAC). Members of CAC are individuals with developmental and related disabilities who serve as self-advocates; parents and other family members of individuals with developmental disabilities; representatives from disability-related training, service and advocacy organizations; state agency representatives; and others who advocate on behalf of people with disabilities.

Current CAC Members

Marie-Anne Aghazadian Parent Information Center of Delaware

Deborah Bradl

Parent

Selena Butcher

Self-advocate

Lisa Carnley Parent

Ernest Cole

Freedom Center for Independent Living

Ruth Coughlan

Special Olympics Delaware

Dean Crowley Self-advocate

Bobbie DeHaven Self-advocate

Robert Doyle

Division for the Visually **Impaired**

Deborah Dunlap Secretary, Parent

Russ Dynes

Parent

Micki Edelsohn

Parent

Caitlin Gamel-McCormick

DFRC

Judy Govatos

The Arc of Delaware

Brian Hartman Delaware Disabilities Law

Program

Linda Heller

Second Vice Chairperson, Self-advocate

Kyle Hodges

State Council for Persons with Disabilities

Kevin Huckshorn

Division of Substance Abuse and Mental Health

Kathy Hughes Advocate

Daniel Madrid

Division of Vocational Rehabilitation

Patricia Maichle

Developmental Disabilities Council

Karen Mancini Advocate

Raetta McCall Advocate

Daniese McMullin-Powell Self-advocate

Maria Mendoza

Parent

David Michalik

Division of Medicaid and Medical Assistance

Laurie Nicoli Parent

Cory Nourie

First Vice Chairperson, Nemours/Alfred I. duPont Hospital for Children

Alisha Raiford

Division of Developmental **Disabilities Services**

Monika Shafi Parent



Bob Valihura, Chairperson

Martha Toomey Department of Education

Bob Valihura Chairperson, Advocate

Janet Villarreal

Division of Services for Aging and Adults with

Physical Disabilities

Rocio Viscarra Self-advocate

Members whose service concluded during the past year

Judy Brimer

Aaron Deede Andrea Guest

Yolanda Jenkins

Dan Keating Melissa Tice Martin

Elizabeth Nolan

Terry Olson Karen Smith

Center for Disabilities Studies Staff, Faculty and Students

(as of November 1, 2010)

Beth Mineo, Ph.D. Director

Julisa Arce Debbie Bain Eileen Baker Chris Barthold George Bear Heidi Beck Lisa Becker Keith Boger Sherry Boleslawski Blake Bossert **Debby Boyer** Sandi Bradford Wendy Capriotti Sarah Celestin Paula Chacon Wendy Claiser Teresita Cuevas Sophie DeMesse **Carlos Dipres** Laura Eisenman Annalisa Ekbladh Diana Farrell Dan Fendler Roseann Ferri Michael Gallagher Michael Gamel-McCormick Carolyn Graves Norma Grice Phyllis Guinivan Terri Hancharick Robin Harbaugh Vanessa Harper **Amy Harter**



Hope Hawkins Sarah Hearn **Eddie Jory** Sue Kennedy Debbie Koch Max Kursh Michelle Lamers Esther Lauser Judi MacBride Eileen Mapes Joann McCafferty Kathleen Minke **Andrew Netta** Patrizia Pannebaker Deanna Pedicone **Gwenyth Perella** Ann Phillips Sonja Rathel Ilka Riddle

Whitney Rutherford Jim Salt Michele Sands Lin Scarpitti Melanie Sipko Paul Solano Eileen Sparling Beverly Stapleford **Peggy Sudler** Susan Sullivan Paula Talarowski **Mary Thomas** Patricia Tressell Sandy Walls Wendy Wilkerson Marvin Williams Jamie Wolfe Karen Zalewski

Graduate Assistants Jessica Blank Meredith Cooke Kathleen Eaken Allison Jacobus

Michael Lewis Dorit Radnai-Griffin Sharon Romelczyk Jessica Schulz Cassandra Shutt Chunyan Yang

Undergraduate Students

Jillian Bradford Lisa Centone Jade Hammond Amanda Konopka Erin Konrad Rachel McCulley Alex Reichl Allison Schachtel Misty Speight Melissa Stanley

Staff members whose service concluded prior to **November 1, 2010**

Darlene Arena **Tim Brooks Becky Clark** Elin Doval Julie Hurst Ron Kelley **Sharon Lilley** Tracy Mann Suzanne Milbourne Alfred Piombino Colleen Quinn Beth Shinn

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About the 2011 Calendar Artwork

The artwork in this annual report/calendar was created at Artfest, an annual Center for Disabilities Studies event that brings together people with disabilities, University of Delaware students with a minor in disabilities studies, and other UD students and volunteers. Artfest is led by art therapist Lisa Bartoli, executive director of Art Therapy Express Program Inc. (www.arttherapyexpress.org). Photos of many of the Artfest artists and volunteers are also included in this calendar. Additional photos of the artwork and Artfest participants can be found on our online gallery, www.udel.edu/cds/art.

